

# WINE | BEER | ALE | CYDER



	GLASS	BOTTLE	
<b>RED WINE</b>			
Healy & Gray Cabernet Sauvignon - Chile A deep ruby red colour. Its aromas are reminiscent of ripe red summer fruits.	£6.25 (187 ml)	£25 (750ml)	14%
Via Alta Merlot - Chile A rich and concentrated Merlot with some exotic touches of eucalyptus and tobacco on the palate.	£5.75 (187 ml)	£22.00 (750ml)	13%
<b>WHITE WINE</b>			
Pinot Grigio Emotivo - Italy A light, crisp and refreshing dry wine, with delicate floral aromas and citrus fruit flavours.	£6.25 (187ml)	£25 (750ml)	12%
Via Alta Sauvignon Blanc - Chile Fresh and zesty. Fermented in stainless steel and bottled young to capture the natural aromatic characteristics and acidity.	£5.75 (187 ml)	£22 (750ml)	13%
<b>ROSÉ</b>			
Jack Rabbit White Zinfandel - California Refreshing rose with fresh strawberry flavours and a delightfully sweet taste.	£6.25 (187 ml)	£25 (750ml)	10.5%
<b>SPARKLING WINE</b>			
Zonin, Prosecco - Italy Very well-balanced and appealing, with the extremely delicate almond note that is typical of Prosecco.	£7.50 (200 ml)	£30 (750ml)	11%
<b>BEER &amp; ALE</b>			
Peroni Crisp and refreshing: Peroni offers a delicate balance of bitterness and citrus & spicy aromatic notes, combined with a surprisingly clean finish.		£4.95 (330ml)	5%
Skinners Brewery Lushingtons This sunshine pale ale is bursting with fruit. You'll pick up lime & mangoes with a little lychee and it's creamy texture contains a slight strawberry finish.		£5.95 (500 ml)	4.2%
Korev A refreshing lager in the Heles style, with a wonderful pale colour and a clean crisp taste.		£5.95 (500ml)	4.8%
St Ives Metor IPA Spicy bitterness, juicy mango and citrus, and herbal notes, all backed by a rich malt profile.		£5.95 (500ml)	4.8%
<b>CYDER</b>			
Rattler Named after the feisty Cornish Rattler apple and blended with Healey's know-how, Rattler Cyder has a crisp, fresh flavour and is perfect for a sunny day.		£5.95 (500ml)	5.0%
Cornish Orchards Light, champagne sparkle, with fruity apple tones and a long dry finish.		£5.95 (500ml)	5.0%

## HOT DRINKS

### TEA

Pot of loose leaf tea for one - Earl Grey   English Breakfast	£2.75
Pot of loose leaf tea for two - Earl Grey   English Breakfast	£5.00
Pot of herbal or fruit tea for one	£3.00
Green   Red Berry   Rooibos   Darjeeling   Lemon & ginger   Peppermint   Chamomile	

### COFFEE

Espresso   Double Espresso	£2.40   £2.70
Macchiato	£2.40   £2.70
Americano	£2.80   £3.10
Cappuccino	£3.00   £3.40
Latte	£3.00   £3.40
Flat white	£3.20
Cortado	£3.00
Mocha	£3.60
Chai latte	£3.20
Extra shot of coffee	add 60p
Make your coffee decaf	add 30p
Syrups - Vanilla   Hazelnut   Caramel   Chai	add 60p
Soya milk   Oat milk   Coconut   Almond	add 40p
Babyccino	£1.75

### HOT CHOCOLATE

Syrups - Hazelnut   Caramel   Vanilla   Orange   Peppermint	£3.50 add 60p
Children's hot chocolate with marshmallows, cream and chocolate sprinkles	£3.00
Luxury hot chocolate - marshmallows, cream and sprinkles	£4.00

## COLD DRINKS

### MILKSHAKES

Made with ice-cream and Crusha: Vanilla   Strawberry   Chocolate	£3.50
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### ICED COFFEE

Syrups - Vanilla   Hazelnut   Caramel   Chai	£4.00
Soya milk   Oat milk   Coconut   Almond	add 60p add 40p

### SMOOTHIES

Made with apple juice and real fruit: Pash 'N' Shoot Smoothie - Mango, Pineapple, Passion fruit Big 5 Smoothie - Pineapple, Mango, Strawberry, Kiwi Kale Kick Smoothie - Mango, Spinach, Kale Berry-Go-Round Smoothie - Strawberry, Blackberry, Raspberry	£5.50
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### JUICES & MORE

Sparkling   Still bottled water	£2.95
Apple   Orange   Bumbleberry juice	£2.50
Ginger Beer   Sparkling Raspberry Lemonade   Elderflower	£2.95
Apple & Mango   Apple & Summer Berries carton	£1.85
Coca-cola   Diet Coca-Cola	£2.95
Sprite (can)	£2.50

## CAKES | TRAYBAKES | SCONES | TOAST

Mon - Sun, served all day

### CAKES

Lemon drizzle  
Carrot cake  
Orange & pistachio **V**  
Chocolate brownie **GF**  
See cafe counter for more cakes

£3.95

### TRAYBAKES

Selection of traybakes on the cafe counter  
Flapjack

£3.95  
£3.50

### SINGLE SCONE WITH BUTTER (FRUIT OR PLAIN)

Add jam 50p | Add cream 50p

£3.50

### CHEESE MUFFIN

£3.50

### TOASTED TEA CAKE

£2.95

### TOAST WITH BUTTER

Bread choice: White, multigrain, sourdough or gluten free bread  
Add: Honey | Strawberry jam | Marmalade | Marmite

£2.95

## ALLERGIES & INTOLERANCES

*Gluten free & vegan options available ~ please inform staff about any dietary requirements or allergies & ask for our allergy menu*

## CHILDREN'S MENU

### KIDS BOX

Sandwich filling: Ham | Cheese | Honey | Jam  
Available on white, multigrain, sourdough or gluten free bread  
Drink: Apple & mango | Summer berry juice  
Extras (choose 2): Raisins | Mini Cheddars | Kitkat | Pom Bears | Apple

£6.50

### HALF A JACKET POTATO **GF**

Served with tomato, cucumber slices and a choice of fillings:  
Cheese | Beans | Ham

£5.50

### DRINKS

Apple & mango | Apple & summer berries carton £1.85  
Milkshake - Chocolate | Vanilla | Strawberry £2.75  
Fresh Milk £1.20  
Hot chocolate with cream, marshmallows and chocolate sprinkles £3.00  
Babyccino £1.75

*Please place your order at the cafe till*

## LUNCH

Mon - Sun, 10:30am - 3:30pm | Sun, 11am - 3pm

### HOMEMADE SOUP OF THE DAY (see board)

Served with a choice of white, multigrain, sourdough, homemade focaccia or gluten free bread

£6.95

### HOMEMADE QUICHE OF THE DAY (see board)

Served with salad, homemade coleslaw and hand cut crisps

£11.95

### HOMEMADE MAC N CHEESE BAKE

Served with salad and garlic bread

£9.95

### FRESH MIXED SALADS OF THE DAY

A selection of freshly made artisan salads (see board)

Add ham or chicken £2.00

Add cheese (brie | cheddar) £1.50

Add smoked salmon £3.00

Add white, multigrain, sourdough, homemade focaccia or gluten free bread £1.50

Small portion

£11.50

£7.50

### HOMEMADE SAUSAGE ROLL

Served with salad and coleslaw

£8.50

### VEGAN SAUSAGE ROLL **V**

Served with salad and crisps

£8.50

### HOMEMADE FISHCAKE

Made with a trio of fish, fresh herbs and lemon

Served with homemade tartar sauce and side salad

£12.95

### AVOCADO & EGGS

Served on sourdough (gluten free bread available)

Add bacon £2.00 | Add smoked salmon £3.00

£7.95

### SMOKED BACON SANDWICH

Add cheese £1.50

£5.50

### JACKET POTATOES **GF**

Served with homemade coleslaw, side salad and a choice of fillings:

Coronation Chicken | Cheese | Beans | Smoked salmon with lemon, cracked black pepper, soft cheese | Bacon & melted brie

£9.50

### LUCY'S POTATO SKINS **GF**

Served with coleslaw, side salad and a choice of fillings:

Cheddar, ham and spring onions

Vegetarian (See board)

£9.50

### SANDWICHES

Served with salad and hand cut crisps - available on white, multigrain, sourdough, gluten free, homemade focaccia or as a panini

£9.95

Ham, cheddar, fig and apple chutney

Chicken with melted cheddar and mayonnaise

Chicken, avocado, rocket and Hoggs Bottom cranberry

Smoked salmon with lemon, cracked black pepper, soft cheese & rocket

Grilled Halloumi, fresh tomato, avocado, rocket and sweet chilli mayo

Brie, Hoggs Bottom cranberry and smoked bacon

Bacon, lettuce, tomato, smashed avocado with a Cajun mayonnaise

Coronation chicken with shredded lettuce

Sun-dried tomato and basil hummus, avocado, red onion and tomato

*All sandwiches can be toasted*